



## My Care Record - Opt out form

Dear Patient,

My Care Record allows health and care professionals directly involved in your care, access to information about your health and treatment.

The people caring for you need to access your record in order to make the best decisions about your diagnosis and treatment. This could include GPs, hospital-based clinicians, nurses, health visitors and social workers.

For this to happen more quickly and to improve the care you receive, a new process has been put in place using existing computer systems. This allows your information to be accessed by health and care clinicians and professionals within local health and care organisations that are providing you with care.

This is not about sharing your record. It's about health and care clinicians and professionals accessing and viewing relevant and appropriate information relevant to your care and treatment

The organisations that could be involved in the service are:

West Hertfordshire Hospitals NHS Trust
GP Practices in Hertfordshire
Hertfordshire County Council
Hertfordshire Community NHS Trust
Hertfordshire Partnership University NHS Foundation Trust
East of England Ambulance Service
Herts Urgent Care (HUC)
Out of hours providers (such as HUC)
Royal Free London NHS Foundation Trust
East & North Hertfordshire NHS Trust
Luton & Dunstable University Hospital
Buckinghamshire Healthcare NHS Trust

You are in control and can change your mind at any time to limit who accesses your information.

However, if you **do not** want your information to be made available, please complete this form.

By opting out, health and care professionals will not be able to see your health and care history such as medications and previous investigations and treatments and I fully understand the implications of the decision that I have made.

Name:
Date of Birth:
I DO NOT wish for My Care Record to be made available:
Signature:

93C1 or XaKRw - Refused consent for upload to local shared electronic record 93C0 or XaKRv - Consent given for upload to local shared electronic record